

M T W T F S S

02	03 Mindfulness Workshop Marie Forsman 7:00 - 9:30 pm	04	05	06	07	08
09	10 Mindfulness Workshop Marie Forsman 7:00 - 9:30 pm	11	12	13	14	15
16	17 Mindfulness Workshop Marie Forsman 7:00 - 9:30 pm	18	19 Free Talk Meditation Workshop 6:30 - 7:30 pm	20	21	22
23	24 Mindfulness Workshop Marie Forsman 7:00 - 9:30 pm	25	26	27	28	29
30	31 Mindfulness Workshop Marie Forsman 7:00 - 9:30 pm					