

	01	02	03	04	05
		Health is your Natural State of Being Workshop			
06	07 Mindfulness Workshop Marie Forsman 7:00 - 9:30 pm	09	10	11	12
13	14 Mindfulness Workshop Marie Forsman 7:00 - 9:30 pm	16	17	18	19
20	21 Mindfulness Workshop Marie Forsman 7:00 - 9:30 pm	23	24	25	26
27	28 Mindfulness Workshop Marie Forsman 7:00 - 9:30 pm	29			